

# A Co-production Model

## Five values and seven steps to make this happen in reality

### What is co-production?

Co-production is a way of working that involves people who use health and care services, carers and communities in equal partnership; and which engages groups of people at the earliest stages of service design, development and evaluation. Co-production acknowledges that people with 'lived experience' of a particular condition are often best placed to advise on what support and services will make a positive difference to their lives. Done well, co-production helps to ground discussions in reality, and to maintain a person-centred perspective.

Co-production is part of a range of approaches that includes citizen involvement, participation, engagement and consultation. It is a cornerstone of self-care, of person-centred care and of health-coaching approaches.

### Values and behaviours

For co-production to become part of the way we work, we will create a culture where the following values and behaviours are the norm:



### How to do it?

Seven practical steps to make co-production happen in reality:

